

LA MESA WALKS!



March and April



Morning walks are slower paced: 1-2 mi. Evening walks are faster paced & include hills: ~3 mi.

Tuesday | March 3 | 4:00-5:30 PM

Meet at Northmont Park
6030 Severin Drive, La Mesa

Tuesday | March 10 | 9:00-10:30 AM

Meet at the La Mesa Library
8074 Allison Avenue, La Mesa

Tuesday | March 17 | 9:00-10:30 AM

Meet at Lake Murray near the Boat Docks
Enter through Kiowa Dr.

Interpretive walk about native plants as medicine

Tuesday | March 17 | 5:00-6:30 PM

Meet at MacArthur Park
4900 Memorial Drive, La Mesa

Meet at park entrance near baseball field

Tuesday | March 24 | 9:00-10:30 AM

Meet at the Porter Park Gazebo
8450 La Mesa Blvd., La Mesa

Tuesday | April 7 | 5:00-6:30 PM

Meet at Harry Griffen Regional Park
9550 Milden Street, La Mesa

Tuesday | April 14 | 9:00-10:30 AM

Meet at the La Mesa Library
8074 Allison Avenue, La Mesa

Tuesday | April 21 | 9:00-10:30 AM

Meet at Lake Murray near the Ball Fields
6311 Park Ridge Blvd., San Diego

Interpretive walk about why turkey vultures are called peace eagles

Tuesday | April 21 | 5:00-6:30 PM

Meet at Rolando Park
6600 Vigo Drive, La Mesa

Tuesday | April 28 | 9:00-10:30 AM

Meet at the Porter Park Gazebo
8450 La Mesa Blvd., La Mesa



For more information
619.667.1300
srts@cityoflamesa.us
www.cityoflamesa.us/urbantrails

Times may differ due to Daylight Saving Time

Join the "Connect La Mesa" Meetup group for updates

**Rain will cancel walks*